

TEMPORARY DISMISSAL OFFENCES (SIN BINS)

APPLICABLE ONLY TO JUNIOR LEAGUES UNDERTAKING TEMPORARY DISMISSAL TRIALS

1. *Subject to paragraph 12 below, referees will no longer issue a simple yellow card to players for “dissent by word or action (C2)”. Instead, they will indicate a temporary dismissal (sin bin) by showing a yellow card and then clearly pointing with both arms to the temporary dismissal area (usually the player’s technical area).*
2. *All other cautionable offences are punished by a yellow card but no temporary dismissal applies.*
3. *A temporarily dismissed player should remain within the technical area (where one exists) or with the team’s coach/technical staff, unless warming up (under the same conditions as a substitute).*
4. *Temporary Dismissals apply to all players, but not to substitutes or substituted players.*
5. *Any player who receives a caution for dissent by word or action (C2) during a match will be subject to a temporary dismissal for 8 minutes, if the match is 80 minutes in duration, or 7 minutes for all other match durations.*
6. *The temporary dismissal period begins when play restarts after the player has left the field of play. The referee should include in the sin bin dismissal period any time ‘lost’ for a stoppage for which ‘additional time’ will be allowed at the end of the half (e.g. substitution, injury, goal celebration etc...).*
7. *Once the temporary dismissal period has been completed, the player can return from the touchline with the referee’s permission, when the ball is next out of play. The referee has the final decision as to when the player can return.*
8. *A player subject to a temporary dismissal cannot be substituted until the end of the temporary dismissal period (but not if the team has used all its permitted substitutes and/or substitution opportunities).*
9. *If a temporary dismissal period has not been completed at the end of the first half, the remaining period is served from the start of the second half; this also applies in extra time.*
10. *If a temporary dismissal period has not been completed at the end of the second half when extra time is to be played, the remaining period is served from the start of extra time.*
11. *A player who is still serving a temporary dismissal period at the end of the match is permitted to take part in any penalty shoot-out, as temporary dismissals are not used during penalties.*
12. *A player who receives a caution for dissent (C2) during a penalty shoot-out will be issued with a standard yellow card and will not be subject to a temporary dismissal.*

13. *A player who receives two cautions in the same match is sent off (RC), even if one caution is/both cautions are, for a temporary dismissal offence.*
14. *For the avoidance of doubt, accumulations of cautions by a player shall include those punished by a temporary dismissal in the same Competition.*
15. *Yellow cards resulting in a temporary dismissal shall be subject to the same administration fee of £4.00 as for all other yellow cards.*